

Health and wellness benefit – eligible screenings list

Employees, their spouse, and children enrolled in The University of Texas System accident and/or critical illness insurance are eligible for a health and wellness payment.



There is a maximum of one health and wellness benefit payment per insured, per year. If you are enrolled for a combination of accident and critical illness insurance, you may be eligible to receive health and wellness benefit payments under multiple insurance plans. Your health and wellness benefit payments along with the screenings that are covered under your certificate of insurance are listed below.

- \$50 for accident insurance
- \$50 for critical illness insurance

Health and wellness screening list

- annual physical exam
- biopsies for cancer
- blood chemistry panel
- blood test to determine total cholesterol
- blood test to determine triglycerides
- bone marrow testing
- BRCA1/BRCA2 genetic testing
- breast MRI
- breast sonogram
- breast ultrasound
- CA 125 ovarian cancer test
- CA 15-3 breast cancer test
- carotid Doppler
- CEA colon cancer test
- chest x-ray
- clinical testicular exam
- colonoscopy
- dental exam
- digital rectal exam (DRE)
- DNA stool analysis
- doppler screening for cancer
- doppler screening for peripheral vascular disease
- double-contrast barium enema
- echocardiogram
- electrocardiogram (EKG)
- electroencephalogram (EEG)
- endoscopy
- eye exam
- fasting blood glucose test
- fasting plasma glucose test
- flexible sigmoidoscopy
- hearing exam

- hemocult stool specimen
- hemoglobin A1C
- herpes simplex virus (HSV) test
- human papillomavirus (HPV) test
- lipid panel
- lung cancer CT
- mammogram
- mental health screening recommended and performed by a physician
- non-diagnostic vascular screening
- nucleic acid test (NAT)
- oral cancer screening
- pandemic testing (excluding at home testing)
- pap smears or thin prep pap test
- pharmacologic stress testing
- prostate-specific antigen (PSA) test
- serum cholesterol test to determine LDL and HDL levels
- serum protein electrophoresis
- skin cancer biopsy
- skin exam
- stress test on bicycle or treadmill
- successful completion of smoking cessation program
- tests for sexually transmitted infections (STI's)
- thermography
- two-hour post-load plasma glucose test
- ultrasounds
- urinalysis
- vaccinations approved by the FDA
- virtual colonoscopy

UT Dallas and UT Tyler will not offer benefits through Securian Financial for the 2026-2027 Plan Year. We understand these benefits are meaningful to many employees and appreciate your patience as both institutions continue to evaluate offering them in the future.

This is a summary of plan provisions related to the insurance policy issued by Securian Life Insurance Company to The University of Texas System. In the event of a conflict between this summary and the policy and/or certificate, the policy and/or certificate shall dictate the insurance provisions, exclusions, all limitations and terms of coverage. All elections or increases are subject to the actively-at-work requirement of the policy. For complete details of the coverage, please see your certificate.

Insurance products are issued by Securian Life Insurance Company, a New York authorized insurer. The company is headquartered in St. Paul, MN. Securian Life Insurance Company is solely responsible for financial obligations under the policies or contracts it issues.

Products are offered under policy form series 23-32590.42 (accident insurance) and 23-32606.42 (critical illness) or a state variation thereof. Product availability and features may vary by state.

Securian Financial is the marketing name for Securian Financial Group, Inc., and its subsidiaries. Securian Life Insurance Company is a subsidiary of Securian Financial Group, Inc.



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