High Blood Pressure Management, Simplified

An advanced blood pressure monitor, and support you need, 100% paid for by your health plan.

It’s all for you and all on the house:

- A connected blood pressure monitor
- Automatic uploads mean no more writing down numbers
- Summary reports you can send your doctor
- Reminders you can set to check your blood pressure
- Support from coaches when you need it
- Advice on what to eat and how to live healthier

Unlimited support. Unlimited inspiration. It’s all free for you.

Join today at ready.livongo.com/UTS/register or call (800) 945-4355
Use registration code: UTS

We offer the Livongo program to members and their covered dependents enrolled in the UT SELECT health plan.

Livongo is an independent company that provides diabetes management for Blue Cross and Blue Shield of Texas. Livongo is solely responsible for the products and services that it provides. The information provided here is not intended as medical advice, nor meant to be a substitute for the individual medical judgment of a doctor or other health care professional. Blue Cross and Blue Shield of Texas complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, sex, gender identity, age, sexual orientation, health status or disability. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 800-945-4355. UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadbaj, aby podać numer 800-945-4355.

UT SELECT is administered by Blue Cross and Blue Shield of Texas, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association.

Program includes trends and support on your secure Livongo account and mobile app but does not include a phone or tablet. You must have an iPhone or Android smartphone and install the Livongo app to participate in the Livongo for Hypertension Program.

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