Getting sick over the weekend or after normal business hours used to mean a lengthy, costly trip to an emergency room or hospital. Not any more — with UT CONNECT, you’ll be able to have a virtual visit with a doctor through MDLIVE. It’s provided by Blue Cross and Blue Shield of Texas, and available as part of your medical coverage. With MDLIVE, the doctor is in 24/7/365. And there is no additional cost to you to use this service.

You don’t have to leave the comfort of your home. Virtual visits allow you to consult with a doctor for nonemergency situations by phone, mobile app or online video — anytime, anywhere. Speak to a doctor or schedule a time that works best for you.

Virtual visits with doctors can treat a variety of health conditions, such as:
- Allergies
- Asthma
- Cold/flu
- Nausea
- Ear problems (age 12+)
- Fever (age 3+)
- Pink eye
- Rash
- Sinus infections

Speak with a licensed counselor, therapist or psychiatrist for support, available by appointment. You can choose who you want to work with for issues including:
- Anxiety
- Depression
- Relationship problems
- Trauma and loss
- And more

For information, please contact the CONNECT Team by going to UT-Connect.com or calling 888-399-8889.